**Study Strategies**

<https://i.unisa.edu.au/students/student-support-services/wellbeing-at-unisa/skills-for-good-health/procrastination-and-time-management/>

After you have set up your [revision timetable](https://i.unisa.edu.au/students/student-support-services/study-support/study-planners/) and worked out a time management plan you can work through each topic in a similar way.

## Summarize important information

Reduce the main ideas of notes and texts to a number of key points that can be memorised. Identify the most important issues for each course from notes, information from lecturers and past exam papers. Key points are easier to remember in the exam and will prompt your recall of your notes.

## Use recall cards

Use a pack of small filing cards to develop a glossary with each card having a term on one side and the description/definition/example/diagram on the other. You can use the cards wherever you need to memorise terms and their meanings.

## Develop concept maps

Start by writing a key idea at the centre of a page, then surround it by concepts that are connected. Make any links that are appropriate, including words. This is a very useful approach for anyone who responds well to visual displays of ideas.

## Talk through or verbalise concepts

Practise describing or explaining a concept to ensure that you really understand it. Some students talk to each other about key terms; others talk to teddy bears, soccer balls (see the movie ‘Castaway’) or passing clouds!

## Problem solve

Develop a list of likely questions in each course. Apply your knowledge and understanding by solving problems from past exam questions or questions from text books. Talk through the questions and topics with other students, work with other students in practical and check your solutions.

Note: You will find that the library has copies of past exams for many courses.

## Use mnemonics

Make a connection between what you are trying to learn and something you know well. You can do this by connecting the new idea to a familiar word or picture. For example each letter of the word can be used to remind you of a key term/formula/concept that you need to remember.

         **Write practice answers and complete prior exam papers within the time limit.**

        **Check that your writing under exam conditions is clear and legible.**

         **Maintain your health and fitness**