

## ***You are Gifted***

Unlike the material gifts we receive from others, the gifts we receive from God do not wear out but develop as we grow. This exercise is designed to help you reflect on the gifts you have.

Your natural gifts. Tick your specialties:

cooking	selling	praying
writing	nursing	organizing
art	listening	helping others
music	teaching	mechanics
sports	talking	gardening
baby-sitting	dramatics	boating
cleaning	singing	horseback riding
sewing	schoolwork	other (list)
maths	comforting	

## **Your Spiritual Gifts.**

**See 1 Corinthians 12:4-12, 14, 30; 1 Corinthians 13-14; Romans 12.**

St. Paul writes that the Spirit's presence is shown in some way in each person in spiritual gifts.

Circle those you think you have:

wisdom	healing	interpretation
knowledge	tongues	patience
counseling	generosity	kindness
love	truthfulness	teaching
perseverance	prophecy	listening
hope	encouragement	serving
helping others	sincerity	joy
authority	working hard	welcoming
respect	sharing belongings	newcomers
praying	humility	forgiveness
understanding others	feeding others	doing good
peacefulness	miracles	
faith	preaching	

